



**TIRR Memorial Hermann Adapted Sports
Camp, Competition and 2019 Parapan American Games USA National Team Selection**

Date: Saturday, April 27, 2019 (arrival, Friday, April 26, 2019)

Age: 14 and up

Level One Camp/clinic is for those preregistered and interested in Para Powerlifting and not yet qualified for the afternoon team selection trial

8:30 am –Check in-Metropolitan Multi-Service Center at West Gray

9:00 am-11:00 am –Athlete Level One Camp/clinic/competition-this is the first step to becoming eligible to compete at a National Team Selection Trial

Competition for National Team Selection-must have attended a level one camp prior to this date, to be eligible for this

11:15 am Check in- Metropolitan Multi-Service Center at West Gray

11:30 am Lined up 11:45 Kit Check 12:00 noon weigh in

2:00 pm competition

6:00 pm dinner and National Team Meeting

Event location: Metropolitan Multiservice Center, 1475 West Gray, Houston, TX 77019-A Houston Parks and Recreation Department, Adaptive Sports and Recreation facility. This venue is approximately 13 miles from the host hotel and parking is free.

Registration: \$50 per person-includes- local ground transportation, lunch and dinner on Saturday, entry to Camp/Clinic, Team Selection Competition and for coaches. Pre- registration and payment required by Thursday, April 18, 2019.

Transportation: Ground transportation to and from Houston Hobby Airport. There are two airports in Houston-Hobby is approximately 2 miles from the Houston Marriott South at Hobby our host hotel. Transportation to camp venue provided for those flying in with paid registration completed. Transportation will run Friday until 8:00 pm to hotel, Saturday to and from competition venue and on Sunday morning if needed. If you fly in or out other times or to another airport, you will need to arrange your own transportation.

Hotel: Houston Marriott South at Hobby Airport, 9100 Gulf Freeway, Houston, TX 77017, 713-943-7979
Event rate: \$104 plus tax per room, per night-Includes free internet, free parking and free full breakfast buffet for up to 2 people per room. You are responsible for your own hotel reservations and expenses.

For registration or event information please contact: Peggy Turner-peggyturnerusa@yahoo.com

For camp, qualification and competition please contact: Mary Hodge-mary.hodge@logan.edu

For info on Para Powerlifting rules, qualification other info: disabledpowerlifting.com